

An invitation to...

Heart Presence Sacred Immersion



A self-exploration journey for
women
by Samantha Ford

The **Heart Presence** Sacred Immersion is a 6 week private transformational sacred container which will assist you to journey back to your heart; the home of truth, supreme knowing and wisdom, deep compassion and inner presence.



This journey of self-exploration requires your courage and willingness to release a walled heart and to meet EXISTENCE with wholehearted ALIVENESS

Your Sacred Immersion-

a 6 week container created
and held in a safe manner.

Heart Presence-keeping you company as you move through your shadow self and transform trauma into wisdom.

- 6 x private 90 minute sessions in-person or online
- Full personal message support between sessions
- Personalised yoga practises
- Soul Life path / purpose reading
- Membership access to video content - yoga,
meditation and Soul Shakti dance
- Guided meditations and pranayamas (yogic breathing)
- Personalised energy tonic movements; medicine for
the subtle body
- Chakra cleansing techniques and higher heart chakra
activation

In your Sacred
Immersion we
will be going



**DEEP
ON ...**



 The language you use to navigate your life in order to call in and actualise your desired outcomes

 Deactivating the spheres of influence that keep you in low vibrational patterning in order to amplify your abundance and joy

 Listening to your soul nudges, releasing old identities and standing in the convictions of your activated heart space

 Re-framing your darkness and accessing true unconditional love by unifying your shadow, gifts and your light; stepping into an existence of self-acceptance and wholeness

 Re-calibrating masculine and feminine energies landing in equality and equanimity enhancing a state of flow and freedom

 The embodiment of emotions through movement and the art of self-devotion and self-nurture reclaiming your wisdom

 Tapping into your creatrix power recalling your femininity and landing in your heart-presence power and purpose

A creatrix is a woman
who is deeply
connected to her
feminine SOURCE and
ALL that she is
creatively, divinely and
wholeheartedly.





My Promise

IS TO CREATE a safe space for you, to be there for you, holding you with compassion as we 'dance to the sacred rhythm of life.'

Yes this is a metaphor, however, smiling and dancing may be encouraged as we navigate our way through energy and emotion.

It will be an honour to guide you on your soulful self-exploration journey.



ENJOY

DESIRED OUTCOMES:

More confidence in all areas of your life

Alignment with passion and purpose

Compassion of being in honest-relationship
with yourself

Radical change in perception

Divine Love and deep connection to your truth
and your worth



Meet Samantha Ford

Samantha is a woman of the Divine, a powerful female voice of Spirit, a Yogini and a gift-reflector who dances to the sacred rhythm of Life. She has great respect for, and belief in, the power of the spoken word, plant medicine, mystical poetry, and embodied movement. It is her honour to serve deeply and to guide our women home to an equanimeous heart; a place where the structure of the masculine AND the flow of the feminine are grounded in wisdom and truth whilst Unity for all is rooted in freedom and LOVE.

The next step:
Book your clarity call with me so that together we can discuss your possibilities and decide whether Heart Presence Sacred Immersion is in right-relationship for you.



This course is designed for those women who feel strongly called to 'HEART MEDICINE' and true self expression. This journey promises to be an open-hearted exploration filled with courage, trust and liberation.

Your strength lies
in the wisdom of
having and
holding your own
glass heart

Samantha Ford

